




# 2025 Wellbeing Solutions



## Focus on your well-being and earn rewards added directly to your paycheck

### The more activities you complete, the greater your reward

The GEON Rewards program connects you with easy-to-use digital health and wellness tools that can help you stay your best. When you complete any of the activities listed below sponsored by your employer between January 1, 2025, and December 31, 2025, your rewards will be added directly to your paycheck.

Activity type	Activities	Amount
 <b>Preventive care</b>	Have an annual preventive wellness exam or well-woman exam with your doctor	\$200
	Have an annual dental exam	\$100
	Get a flu shot	\$50
	Get an annual cholesterol test <sup>1,2</sup>	\$50
	Have a colorectal cancer screening	\$50
	Have a routine mammogram	\$50
	Get a skin cancer screening	\$50
	Have a prostate or cervical cancer screening	\$50



### Do you have questions?

Log in to [anthem.com](https://www.anthem.com) or open the [Sydney<sup>SM</sup> Health](#) app. Then go to **My Health Dashboard** and select **My Rewards** to learn more. You can also call Member Services at the number on your health plan ID card, or go to [geonbenefits.com/wellness](https://www.geonbenefits.com/wellness).

1. All preventive care activities and diagnostic A1c lab tests should be processed through Anthem claims in order to trigger the respective reward.

2. Annual cholesterol test eligibility: men 35 years and older, women 40 years and older with a full cholesterol (lipid) panel.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

We encourage you to actively participate in your rewards program. Rewards earned should be redeemed before the end of the current plan year. Unused rewards are forfeited three months after the end of your plan year. Make sure to redeem them before then.

All preventive care activities are claims based, which means your completion is determined when a claim is processed. Medical waivers apply to claim-based activities.

Rewards eligibility applies only to subscribers and their enrolled spouse or domestic partner. Members must be active on the plan, and their activity must take place during the plan year. A subscriber and spouse or domestic partner may earn rewards when eligible activities are completed and, in some instances, are verified by an Anthem claim.

The reward amount you receive may be considered income to you and subject to state and federal taxes in the tax year it is paid. You should consult a tax expert with any questions regarding tax obligations.

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